

Kettle Corn

Microwave Popcorn

Natural and Artificial Flavors

Nutrition Facts

Serving Size: 1 Bag (66g) Unpopped
(Makes about 9 1/2 cups popped)
Servings Per Carton: 18

AMOUNT PER SERVING	1 BAG	1 BAG
1BAG UNPOPPED, POPPED	UNPOPPED	POPPED
Calories	300	260
Calories from Fat	130	110

% Daily Value*		
Total Fat	15g, 13g	23% 20%
Saturated Fat	2.5g, 2g	13% 10%
Trans Fat	0g, 0g	
Polyunsaturated Fat	3g, 3g	
Monounsaturated Fat	8g, 7g	
Cholesterol	0mg, 0mg	0% 0%
Sodium	580mg, 500mg	24% 21%
Total Carbohydrate	40g, 35g	13% 12%
Dietary Fiber	6g, 5g	24% 20%
Sugars	0g, 0g	
Sugar Alcohol	4g, 3g	
Protein	5g, 4g	

Calcium	2%	2%
Iron	8%	6%

Not a significant source of Vitamin A and Vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:		2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS:

Popcorn, Canola Oil, Isomalt,
Salt, Hydrogenated Cottonseed
Oil, Natural and Artificial Flavor,
Sucralose, TBHQ for freshness.

Contains Milk Ingredients

NET WT 42 OZ (2.62LB) 1.19kg

